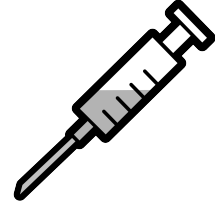


Conscious Sedation



Conscious sedation helps reduce anxiety, discomfort, and pain during applicable procedures. Using a pediatric needle, Dr. Kropp will start an IV. The sedative medications will be given at the beginning of the procedure.

What medications are used?

Typically one of the following, or a combination of the following will be used: Propofol, Versed

Will I be asleep?

It is considered “conscious” sedation because it does not mean that you will “go under” or even necessarily be asleep, it is meant to be relaxing and ease the emotional stress or anxiety of the procedure. Some patients do fall asleep, and some are awake and feel relaxed. Even if you are slightly awake, most patients do not remember the procedure afterwards.

It’s a mental game!

The conscious sedation is effective when the patient is willing to work with it. If a patient is determined to stay awake, talk, ask questions or fight the sedation then the sedation will not be very effective. We encourage patients to take deep breaths, clear their mind and relax once they are on the procedure table to make the sedation experience as effective as possible. Once the sedation is pushed, there should be no more talking or questions. We will talk to you again when the procedure is all done!

What is recovery like?

After the procedure we will have you recover in your patient room for approximately 10 minutes. Soda - with both caffeine and sugar - is given to patients to drink during recovery to help reverse the sedation and brighten your system. There is no standing, getting dressed, removing your own IV, or leaning forward during recovery. If you need assistance to follow these instructions, we will have your driver sit with you in your room. If your driver is not able to assist with these instructions then you will not be able to have sedation for future procedures.

Do I need this?

Sedation is not required or necessary for any of the procedures completed in our office. It is an option for patients with high anxiety or who want a more relaxing experience. It is based on patient preference and is not medically necessary.

Is conscious sedation appropriate for me/my procedure?

There are some procedures that sedation is not appropriate for. In these instances we will make the procedure as comfortable as possible. Due to unique risk factors, sedation is not appropriate for all patients. If you are interested in sedation, and it is deemed appropriate for your procedure, Dr. Kropp will render his medical opinion if you are a candidate. We prioritize patient comfort whenever possible, but patient safety is always our first priority.

But I don’t like IVs!

Dr. Kropp uses a very small needle to start your IV. If this is not something you are wanting to do, but still want a sedative option, ask Dr. Kropp about Oral Sedation at your next appointment.

Pre-Op Instructions: No food or drink 6 hours before your procedure time, and a driver must accompany you to your appointment (and stay for the length of your appointment). The pre op instructions are the same for all patients whether or not they are getting sedated.